

# PRACTICE PENGUIN BOOKMARK (TEACHING MODEL)

by VALERIE VANN - NOVEMBER 1996

Drawing & Text 20 Nov. 1996

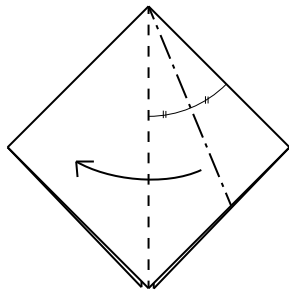
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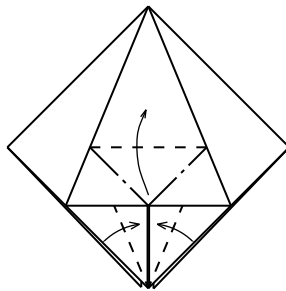
The PRACTICE PENGUIN BOOKMARK is a TEACHING MODEL. The model is 2-dimensional and can be used as a bookmark or to decorate a greeting card. It will stand upright though, and can be used as a party place card. (Use a jelly bean or candy egg for a penguin egg!) The front and back of the model are similar, not identical. The primary purpose of the model, however, is a "teaching" or "practice" model, as it incorporates the following folding techniques: Squash & Petal Folds, Grimps, a Double Rabbit Ear, a Closed Wrap, and 1 to 3 Closed Sinks (2 sinks are optional). As the model is otherwise simple, a spoiled closed sink will result in minor loss of effort, while success yields more than a simple folded sheet. Use 6 or 7 inch square origami paper (kami) to start, then try smaller sizes.

- Mountain Fold
- - - Valley Fold
- Existing Crease
- ..... Hidden/Guide Line

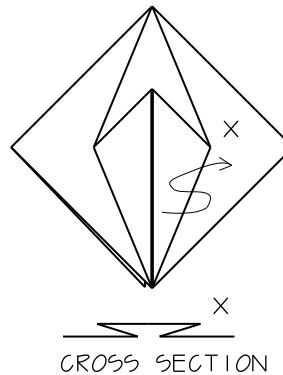
① Start with a WHITE PRELIMINARY BASE  
SQUASH FOLD top right layer.



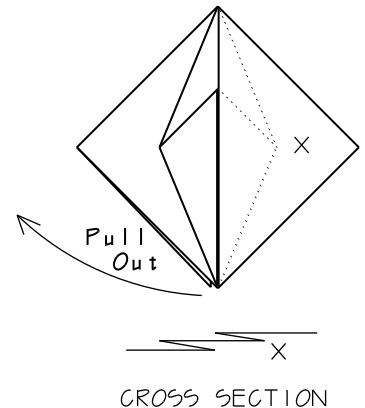
② PETAL FOLD



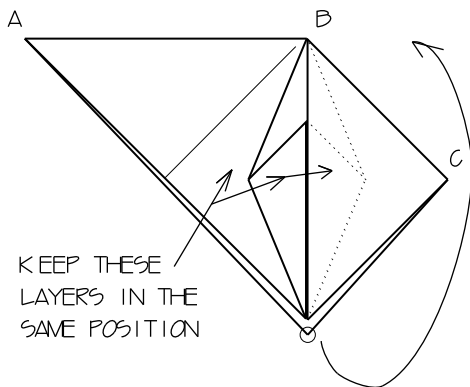
③ CLOSE WRAP the right half of the Petal Fold. (Similar to Inside Reverse fold so it is underneath.)



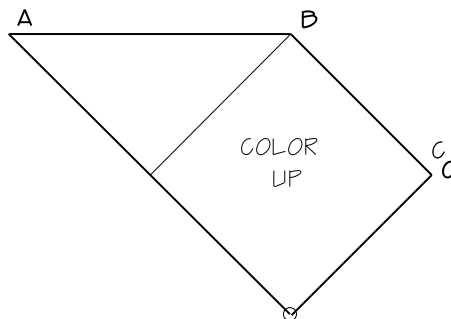
④ Pull out left extra middlelayer. ("Pull out some paper...")



⑤ Bring back lower point of model to front. (Turn model inside out, color up.)

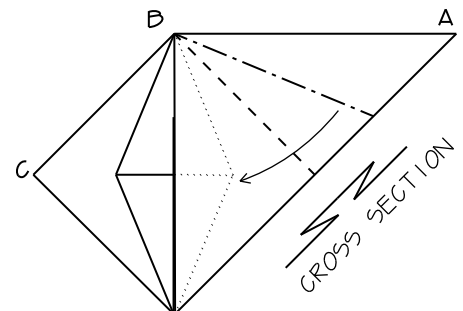


⑥ Turn Model over, Left to Right.



MODEL HAS COLORED SIDE OUT NOW.

⑦ SQUASH FOLD Point A



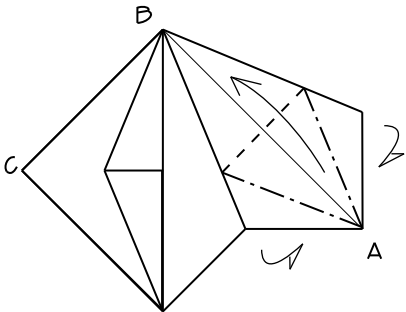
RATING - SIMPLE to FAIRLY DIFFICULT SINK - A TEACHING MODEL

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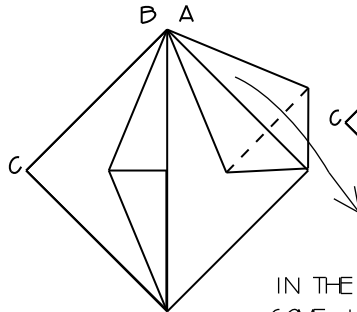
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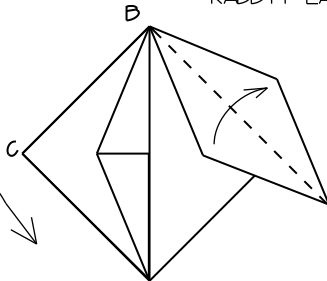
8 DOUBLE RABBIT EAR  
Point A.  
Start with PETAL FOLD, A to B.



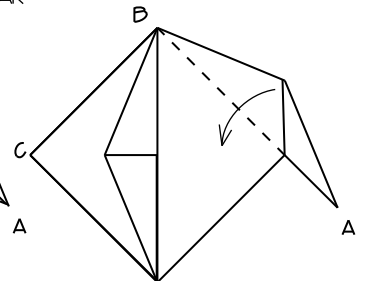
9 Fold Point A  
Down again



10 Complete  
DOUBLE  
RABBIT EAR

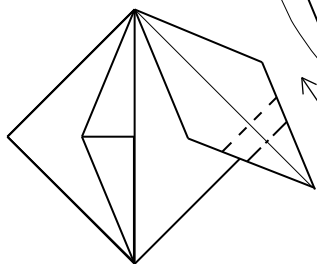


11 Untold to  
Step 10



IN THE REMAINDER OF THE PENGUIN, YOU GET TO PRACTICE SOME JUDGEMENT FOLDS WHILE SHAPING THE HEAD & BACK...

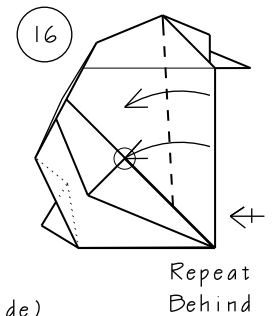
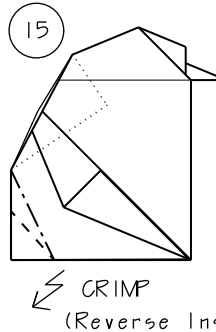
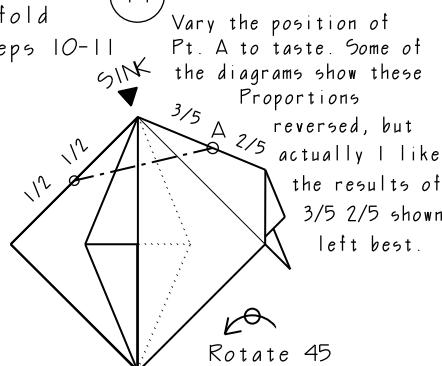
12 CRIMP  
Top Layer



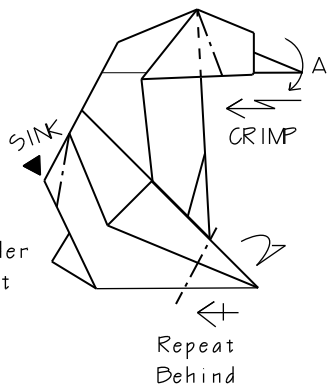
13 Refold  
Steps 10-11



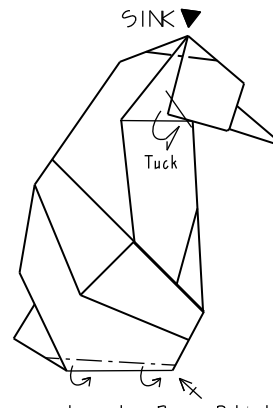
14 CLOSE SINK BACK



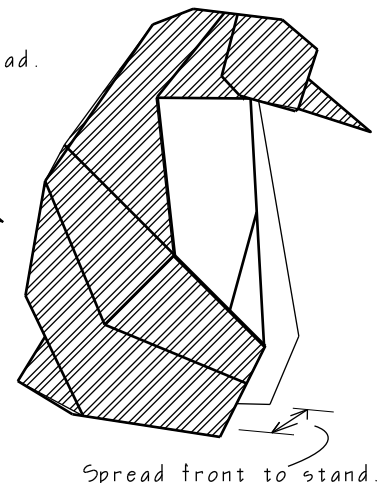
17 Tuck Lower Right  
Points Inside.  
CRIMP Head as Shown  
CLOSE SINK Back  
Above Tail



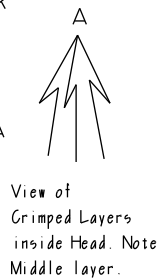
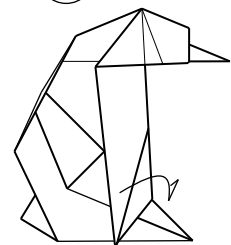
18 CLOSE SINK  
Top of Head.  
This is the  
hardest sink.  
Tuck in corners of head.



THE PRACTICE  
PENGUIN BOOKMARK



16 Tuck Top  
Layer Behind  
i.e. Reverse the Order  
of the Layers without  
Folding



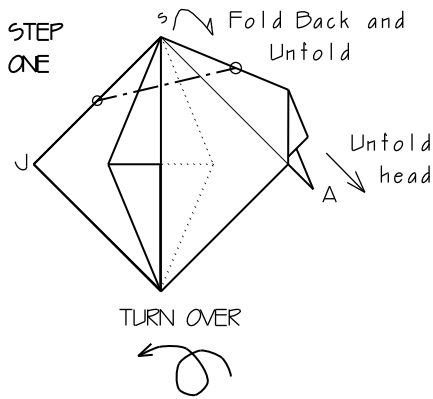
Tuck bottom edge under. Repeat Behind.  
Note: Fold slopes up slightly toward tail.

RATING - SIMPLE to FAIRLY DIFFICULT SINK - A TEACHING MODEL

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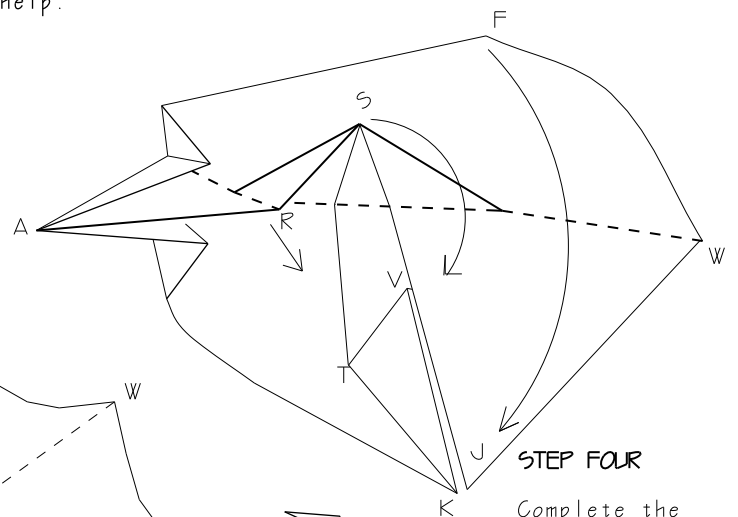
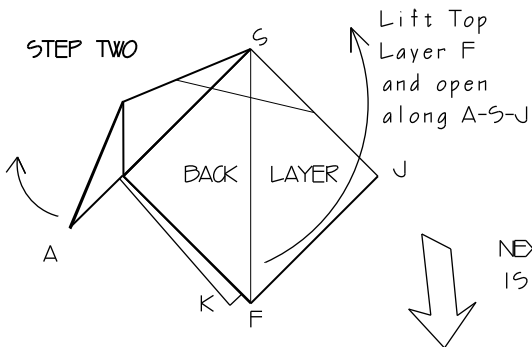
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ANOTHER LESSON ABOUT SINKS that can be illustrated using the PRACTICE PENGUIN MODEL: Many "Closed Sinks" do not have to be executed using the basic directions for a closed sink; that is, inverting the sink area by pushing the highest point down inside the model. Many Closed Sinks can be partially or entirely performed as an open sink, and the model pleated around the area of the sink to get exactly the same "closed sink" configuration.

This usually results in a neater sink. For example, there is a lovely little Elephant by Paul Jackson with a closed sink indicated across the back that doesn't have to be done as a closed sink at all. In the Practice Penguin, the large closed sink on the back of the Penguin in Step 14 can be done as a series of pleats inside.

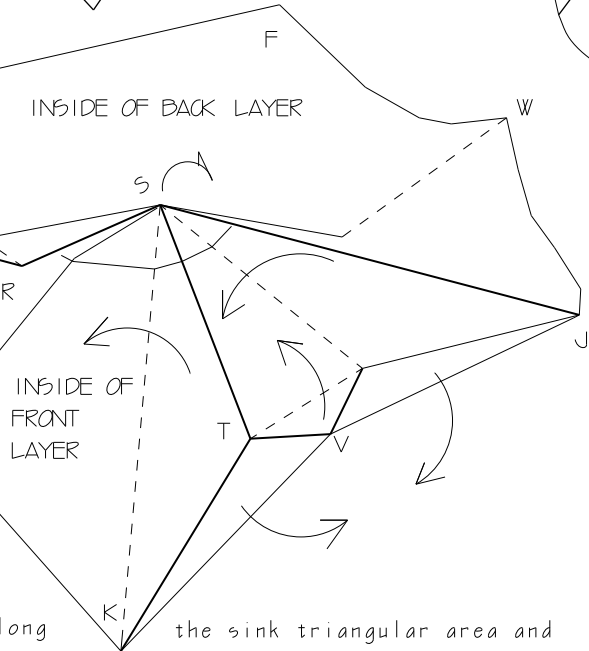
Learn to examine models with closed sinks and see if there is a tactic to avoid a full inversion of the sink. Partially unfolding the model will help.



STEP THREE

Carefully turn pleat A-R-S-J in along existing creases and the line made for the sink in Step 14 (shown above at First Step here).

Re-Form all the pleats along existing lines in the direction of the arrows, while flattening



the sink triangular area and tilting Pt. S toward the inside of the back layer.

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